

S.C.E.N.T.

Southern California Ear, Nose and Throat
433 E. Wardlow Rd.
Long Beach, CA 90807
Phone: 562.427.0550 Fax: 562.988.8899

**Post-Operative Instructions for
Tympanostomy and Tube Insertion (Ear tubes)****Procedure:**

The patient has had small ear tubes placed in the eardrums to treat chronic ear infections and inflammation of the middle ear space.

INSTRUCTIONS FOR HOME:

Expectations: A small amount of bleeding, drainage, and discomfort may be present for 3-4 days

F), please call us.

Diet: Normal diet may be resumed after discharge, unless your surgery was has been preformed as part of another surgery in which diet restrictions are required.

Activity: Normal activities may be resumed after discharge. Children may return to school the day after surgery.

Ear Care: For three (3) days, including the day of surgery, protect the ears from water by inserting cotton saturated with Vaseline in each ear canal when bathing, washing hair, or playing in a pool.

Please continue to protect the patients' ears if he/she is submerging his/her head in soapy bath, pond, or lake water or under water to a depth greater than three (3) feet, until follow-up visit or as instructed by your surgeon.

Medications: A prescription for eardrops may be given to the patient after the surgery. Use the eardrops as directed. If the drips cause pain or irritability, discontinue use. You do NOT need to call us if this occurs

Follow-Up: Schedule the patient for a follow-up appointment in our office 4-6 weeks after surgery.

If you have any questions, problems, or need to schedule (or reschedule) an appointment, please contact our office at 562.427.0550